

*The UP-PGH Department of Orthopedics
In celebration of its 50th Anniversary
invites you to the 8th edition of*



OrthoRoCKs

Starts 06.25.21



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Alternatively, click on the link to register. <http://bit.ly/orthorocks8>

Orthopedics: A Review of Core Knowledge or OrthoRoCKs is the annual post graduate course of the Department of Orthopedics, University of the Philippines - Philippine General Hospital. Now on its 8th year, we envision OrthoRoCKs to be the biggest ever. We have prepared **50** lectures spread out over 10 weeks covering the breadth and depth of Orthopedics.

This year's topics are classified into **BASIC** for the residents and the general orthopedists, **ADVANCED** for the practicing sub-specialists, **ALLIED** for our partner professionals in the allied fields; and **GOLD**, in honor of the golden anniversary of the Department of Orthopedics of the University of the Philippines - Philippine General Hospital.

The **GOLD lectures** are a set of talks by renowned Filipino orthopedic surgeons that present the perspectives of pioneers in their respective fields of expertise, a showcase of giants on whose shoulders we stand. Its intended audience is everyone who is interested in the developments in Philippine orthopedics throughout the decades.

Each week starting June 25, 2021, five (5) lectures will be dropped via the Canvas Online Learning Platform. GOLD lectures will be aired LIVE every other Friday starting the 25th of June at 8pm via Zoom.

WEEK 1

Class	Topic	Faculty
Basic	Open Fractures – Principles Of Management	Dr. Donnel Rubio
Basic	Damage Control Orthopedics And Early Total Care	Dr. Emmanuel Dela Paz
Basic	Femoral Fractures In Children: Neonate To Teens	Dr. Daniel Dungca
Advanced	Pelvis/Acetabulum Fixation	Dr. Irewin Tabu
Gold	Open Fractures: Perspectives From A Life's Work	Dr. Ramon Gustilo

WEEK 2

Class	Topic	Faculty
Basic	Rotator Cuff Injuries	Dr. Patrick Dizon
Basic	Prox. Humerus Fractures: Conservative Vs. Surgical, Who Gets What?	Dr. Jojo Jocson
Basic	Frozen Shoulder	Dr. Benjamin Tuy
Advanced	Bankart And Hill-Sachs Lesions: Ins And Outs	Dr. Ambrosio Valdez
Allied (NU)	Care Of Patients In Casts & Traction	Dr. Dante Valenzuela

WEEK 3

Class	Topic	Faculty
Basic	Injuries To The Growth Plate	Dr. Chastity Amor Rejuso
Basic	Knock Knees And Bow Legs	Dr. Frederick Nicomedez
Basic	The Basics Of Talipes Equinovarus	Dr. Carlo Sumpaico
Advanced	Osteogenesis Imperfecta: Osteotomies And Beyond	Dr. Juanito Javier
Gold	Orthopedic Innovation	Dr. Rolando Puno

WEEK 4

Class	Topic	Faculty
Basic	Osteoporosis – Diagnosis And Management	Dr. Tammy Dela Rosa
Basic	Fragility Fractures Of The Hip	Dr. Peter Bernardo
Basic	Managing Bone Infections	Dr. Nilo Paner
Advanced	Complex Tibial Plateau Fractures	Dr. Joseph Lai
Allied (PT/OT)	Management Of The Paraplegic Patient	Dr. Jericho Dela Cruz

WEEK 5

Class	Topic	Faculty
Basic	The Lumbar Disc Herniation	Dr. Edward Santos
Basic	Approach To Spinal Metastasis	Dr. Dave Dizon
Basic	Idiopathic Scoliosis	Dr. Jonathan Sembrano
Advanced	Minimally-Invasive Spine Surgery	Dr. Rafael Bundoc
Gold	Community-Based Pediatric Orthopedics Clinic	Dr. Badjun Reyes

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WEEK 6

Class	Topic	Faculty
Basic	Nerve Injuries After Orthopedic Surgery	Dr. Raymar Sibonga
Basic	Injections For Degenerative Osteoarthritis	Dr. David Vincent Antonio
Basic	Basic Templating For Joint Replacement	Dr. Giorgio Delgado
Advanced	Complex Revision Of A Joint Prosthesis	Dr. Gregorio Azores
Allied (PT)	Physical Therapy For Osteoarthritis	Dr. Dorothy Agsaoay

WEEK 7

Class	Topic	Faculty
Basic	Principles Of Biopsies Of Orthopedic Oncology	Dr. Judith Akol
Basic	Oncologic Margins	Dr. Cesar Dimayuga
Basic	Management Of Metastatic Bone Disease	Dr. Albert Jerome Quintos
Advanced	Limb Salvage For Orthopedic Tumor	Dr. Czar Louie Gaston
Gold	Orthopedic Oncology: A Long View	Dr. Edward Wang

WEEK 8

Class	Topic	Faculty
Basic	Zone II Flexor Injuries: Treat Them Smart, Treat Them Well	Dr. Nathaniel Orillaza
Basic	Carpal Tunnel Syndrome	Dr. Jose Bautista
Basic	Acute Scaphoid Fractures	Dr. Lucille Detoyato
Advanced	Nerve Repair And Grafts	Dr. Emmanuel Estrella
Allied (PT/OT)	Rehab Of Zone 2 Tendon Repairs	Dr. Joycie Abiera

WEEK 9

Class	Topic	Faculty
Basic	Musculoskeletal Ultrasound	Dr. Mona Lisa Lim-Dungca
Basic	ACL And PCL Injuries	Dr. Dilbert Monicit
Basic	Patellar Dislocations And Instability	Dr. Lyndon Bathan
Advanced	Reruptures And Revisions Of The ACL	Dr. Jose Antonio San Juan
Gold	Sports Medicine: Higher, Faster & Smarter	Dr. Antonio Rivera

WEEK 10

Class	Topic	Faculty
Basic	Biologics In Orthopedics (PRP, BMP, Stem Cells)	Dr. Edward Lansang
Basic	Bi And Trimalleolar Fractures: Evolving Concepts	Dr. Francesca Visperas
Basic	Achilles Tendon: Tendinitis To Rupture	Dr. Carlos Estil
Advanced	Flatfoot In Adults	Dr. Ilian Eusebio
Allied (All)	Ankle Sprains	Dr. Bernard Alpuerto