

REGISTRATION FEE :

PACKAGE A (GOVERNMENT)	
DOCTOR (SURGEON)	ALLIED HEALTH/ ORP
Lecture + Dry Workshop + Live Surgery	Lecture + Dry Workshop + Live Surgery
RM 1500	RM 600

PACKAGE B (GOVERNMENT)	
DOCTOR	ALLIED HEALTH/ SUPPORT PERSONNEL
Lecture + Rehabilitation Workshop + MSK Ultra Sound	Lecture + Rehabilitation Workshop + MSK Ultra Sound
RM 1500	RM 600 RM500 (Masters students)

PACKAGE C (PRIVATE)	
DOCTOR (SURGEON)	ALLIED HEALTH/ ORP
Lecture + Dry Workshop + Live Surgery	Lecture + Dry Workshop + Live Surgery
RM 2000	RM 900

PACKAGE D (PRIVATE)	
DOCTOR	ALLIED HEALTH / SUPPORT PERSONNEL
Lecture + Rehabilitation Workshop + MSK Ultra Sound	Lecture + Rehabilitation Workshop + MSK Ultra Sound
RM 2000	RM 900

PACKAGE E (NON MALAYSIAN)	
DOCTOR	ALLIED HEALTH / SUPPORT PERSONNEL
RM 3000	RM 1500

NAME

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POSITION

INSTITUTION

TELEPHONE NUMBER

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E-MAIL :

PACKAGE: A / B/C/ D/ E

PAYMENT MODE : LPO /CHECK / CASH / BANK IN
TOTAL PAYMENT :
PLEASE FAX REGISTRATION FORM TO 03 -26927281 OR EMAIL -
asiuhkl18@gmail.com BEFORE 20TH MARCH 2018.

PAYMENT MADE PAYABLE TO : MD CME ASIA SDN BHD (NASMS)
ACCOUNT NUMBER : 514253522049 (MAYBANK)

Conference Secretariat:

Arthroscopy & Sports Injury Unit (ASIU)
 Hospital Kuala Lumpur
 Medical Conference Partners



6th BASIC KNEE ARTHROSCOPY & REHABILITATION WORKSHOP



DATE : 7th — 9th APRIL 2018

Venue :

**GRAND SEASONS HOTEL &
 SPECIALISTS COMPLEX &
 AMBULATORY CARE CENTRE
 (SCACC)
 HOSPITAL KUALA LUMPUR**

WHO SHOULD ATTEND ?

- ◆ ORTHOPAEDIC SURGEON
- ◆ SPORTS PHYSICIAN
- ◆ ALLIED HEALTH
- ◆ OT PERSONNEL
- ◆ MASTERS STUDENTS
(ORTHO & SPORTS MEDICINE)

CONTACT DETAIL :

- ◆ DR KHAIRULLINA 019-2792109
- ◆ PPP MOHD NAJIB 017-7153954
- ◆ KJ NORZEHAN 0166824440

6TH BASIC KNEE ARTHROSCOPY AND REHABILITATION WORKSHOP 2018

Day 1 : 7th APRIL 2018, Saturday
Venue : Grand Seasons Hotel, Kuala Lumpur

TIME	TOPIC		
0800-0845	Registration		
0845-0900	Opening Ceremony		
0900-0920	Lecture 1 : Arthroscopic Anatomy of The Knee		
0920-0940	Lecture 2 : Anatomy & Biomechanic of ACL		
0940-1000	Lecture 3 : MRI of Knee		
1000-1015	Q & A		
1015-1030	Photo Session		
1030-1100	Tea Break		
1100-1120	Lecture 4 : Decision making in ACL deficient knee		
1120-1140	Lecture 5 : Graft Choices and Methods of Fixation		
1140-1200	Lecture 6 : Meniscus Anatomy and Biomechanics		
1200-1220	Lecture 7 : Meniscus Healing and Repair		
1220-1240	Lecture 8 : Cartilage Injury - Anatomy & Treatment Modalities		
1240-1300	Q & A		
1300-1400	Lunch Talk by PRIMO		
	Avenue 10	Avenue 11	Avenue 9
	Surgeon	Paramedic	Sports Medicine
1400-1500	Dry workshop 1: Meniscus repair – all inside	Workshop 1: A) Introduction to Arthroscopy B) Maintenance Of Arthroscopy Equipment and instruments.	Ultrasound Workshop Session 1 <i>Injury Screening and Management Strategy of Knee Injury.</i> Common knee diagnosis and decision making. Application for MSK USG evaluation of knee.
1500-1540	Dry workshop 2: Meniscus repair – inside out	Workshop 2: Graft preparation	Hands on Sessions. Rehabilitation post knee injury- from theoretical to practical
1540-1600	Tea Break		
1600-1800	Dry workshop 3: Meniscus Repair – outside in	Workshop 3: Meniscus repair	
1800	End of Day 1 Session		

6TH BASIC KNEE ARTHROSCOPY AND REHABILITATION WORKSHOP 2018

Day 2 : 8th APRIL 2018, Sunday
Venue : Grand Seasons Hotel, Kuala Lumpur

TIME	Avenue 10	Avenue 11	Avenue 9
	Surgeon	Paramedic	Sports Medicine
0800-0830	Lecture 9: Principles of ACL Reconstruction	Lecture 12: Sports Paramedic As A Career	Ultrasound Workshop Session 2: <i>Injury Screening and Management Strategy of Shoulder Injury</i> Evidence-based use of PRP of the shoulder. Common shoulder diagnosis & decision making Application for MSK USG valuation of shoulder
0830-0900	Lecture 10: Anatomical ACL Reconstruction: Surgical technique	Practical hands on session: Acute physio management post ACL reconstruction	
0900-0930	Lecture 11: Managing complications of ACL Reconstruction	Practical hands on session: Acute physio management post meniscus repair	
1000 - 1030	Tea break		
1030-1300	Dry Workshop 4: ACL recon (Hamstring)	Workshop 3: ACL Recon –Step By Step	Ultrasound Workshop Session 2 (cont.) Hands on sessions Common pitfalls in shoulder rehabilitation
1300-1400	Lunch Talk by PFIZER & BTL (M) SDN BHD		
1400-1530	Dry Workshop 5: ACL Recon (BPTB)	PCL POP with PTS -How to do it right	Ultrasound Workshop Session 3: <i>Interventional MSK Ultrasonography</i> Evidence-based of US guided injection- is it worth? Principles of MSK US-guided injection & common pitfalls Live demo sessions

6TH BASIC KNEE ARTHROSCOPY AND REHABILITATION WORKSHOP 2018

Day 2 : 8th APRIL 2018, Sunday
Venue : Grand Seasons Hotel, Kuala Lumpur

1530 -1600	Tea break		
1600 -1700	Preop Sessions (MO)		Ultrasound Workshop Session 3 (cont.) Live demo sessions
1700	End of Day 2 Session		

6TH BASIC KNEE ARTHROSCOPY AND REHABILITATION WORKSHOP 2018

Day 3 : 9th APRIL 2018, Monday

SPORTS MEDICINE DELEGATES
Venue :Grand Seasons Hotel, Kuala Lumpur

Time	Venue 9, Level 1, Grand Season Hotel, Kuala Lumpur
0900-0930	Myofascial Trigger Points
0930-1000	Concept & Application of Dry Needling in Pain Management
1000-1030	Tea Break
1030-1230	Demonstration of dry needling & practical sessions
1230-1300	Closing ceremony and presentation of certificates
1300-1400	Lunch
1400	End of Day 3 Session

SPORTS SURGERY DELEGATES

Venue: Level 8, SCACC, Hospital Kuala Lumpur

Time	Daycare OT, Level 8,SCACC, Hospital Kuala Lumpur	
	Surgeon	Paramedics
0800 – 1130	Cases 1 to 6	
1130 - 1200	LUNCH	
1200 - 1500	Cases 7 - 12	
1500	End of Course	