



13<sup>th</sup>

# BASIC TECHNIQUES IN ARTHROSCOPIC SURGERY WORKSHOP



19<sup>th</sup> & 20<sup>th</sup> August 2019

(2 – Day Workshop)

8am – 5pm



NATIONAL ORTHOPAEDIC CENTRE OF  
EXCELLENCE FOR RESEARCH AND  
LEARNING  
UNIVERSITY OF MALAYA

**Programme Coordinator:**

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**Contact us for further information & registration**



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**Faculty:**

- A. Professor Mohd Razif Bin Mohd Ali
- Dr. Teo Seow Hui
- Dr. Shamsul Iskandar Bin Hussein
- Dr. Mohd Fairudz Bin Mohd Miswan

**Organised by:**

Division of Sport Injury and Arthroscopic Surgery  
Department of Orthopaedic Surgery  
University of Malaya

**Registration Fees (12 seats)**

- Medical Officers (UM) – RM450
- Medical Officers (Non-UM) – RM550
- Specialist – RM750

*Upon completion of course, participants will receive a certificate of completion and 10 CPD points*

## **13<sup>th</sup>BASIC TECHNIQUES IN ARTHROSCOPIC SURGERY WORKSHOP**

### **Program description:**

This is a two days' workshop that will cover the basic skills in arthroscopic Surgery. The first day will be for learning about the arthroscopic equipment and how to set up the arthroscopy system. By using the arthroscopy box, the participants will have exercises about arthroscopic triangulation and how to use the arthroscopic instruments. The second day is a dry specimen workshop for the learning of principles of knee and shoulder arthroscopy using shoulder and knee modules. The presentations kept to a minimum, most of the day is spent practicing skills.

### **Target audience:**

Aimed for Orthopaedic trainees nationwide and the junior orthopaedic surgeons who would like to gain skills in arthroscopic surgery. Numbers are limited to 12 delegates with 3 delegates for every operating site.

### **Aims and objectives:**

To provide training in basic skills of arthroscopic surgery and the range of common operative procedures performed in arthroscopic practice

### **Learning outcomes:**

Upon completion of the course the participants will learn about:

- ✓ The arthroscopic equipment and setting up the instruments,
- ✓ Patient positioning, portal placement for knee and shoulders,
- ✓ How to hold the scope and perform triangulation,
- ✓ Performing basic procedures such as debridement and removal of loose bodies,
- ✓ The sliding knots,
- ✓ Principles of rotator cuff repair,
- ✓ Principles of meniscus repair,
- ✓ Graft preparation and ACL reconstruction.

### **Course material:**

Delegate to faculty ratio: 3 to 1.